

LODDON PRIMARY SCHOOL

Headteacher: Mrs S Phillips, MA ED (Open)

Silverdale Road, Earley, Reading, Berkshire, RG6 7LR

Tel: (0118) 9261449 Fax: (0118) 9266351

Email: secretary@loddon.wokingham.sch.uk

www.loddonprimary.co.uk



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Dear Parents/Carers

Next half term we will be starting the 'Changing me' unit of work in PSHE. Some of the lessons in this unit are linked to our Sex and Relationship Education. Below are the lessons that will be taught. Please contact me if you require any further information about these sessions.

Year One

1. Life Cycles	I am starting to understand the life cycles of animals and humans. I understand that changes happen as we grow and that this is OK.
2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same. I know that changes are OK and that sometimes they will happen whether I want them to or not.
3. My Changing Body	I can tell you how my body has changed since I was a baby. I understand that growing up is natural and that everybody grows at different rates.
4. Boys' and Girls' Bodies	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina. I respect my body and understand which parts are private.
5. Learning and Growing	I understand that every time I learn something new I change a little bit. I enjoy learning new things.
6. Coping with Changes	I can tell you about changes that have happened in my life. I know some ways to cope with changes.

During Year One Science lessons children will learn to identify, name, draw and label the basic parts of the human body. Science is a compulsory subject and there is no right for parents to withdraw their children from the Science curriculum.

Any parent wishing to exercise their right to withdraw their child from all or part of the PSHE teaching of Sex and Relationship Education must indicate this wish on the reply slip below by ticking the lessons they would like their child to be withdrawn from.

Thanks

Mrs Shaw



Childs Name and class:	I would like to withdraw my child from the following Year 1 SRE sessions (please tick)
Life cycles	
Changing Me	
My Changing Body	
Boys and Girls Bodies	
Learning and Growing	
Coping with Changes	
Signed:	Relationship to child:

