

Date: September 2016

The School Nursing Team
Wokingham Hospital
Barkham Road
Wokingham
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RG41 2RE

0118 949 5055

Email: bks-tr.CSNWokingham@nhs.net

**SCHOOL NURSING SERVICE
NATIONAL CHILDHOOD MEASUREMENT PROGRAMME**

Dear Parent / Carer

Height and weight measurements for children in Year 6

Every year in England, children in Year 6 are weighed and measured as part of the National Child Measurement Programme (NCMP). As part of the programme, your child's name, date of birth, sex, address, postcode and ethnicity will be provided by your local authority. Your child's class will take part in this year's programme; the date of the screening will be available from your child's school.

The measurements will be carried out by trained staff from your local School Nursing team in a private area in your child's school. Children will be asked to remove their shoes and coats and will be weighed in their indoor clothing.

All information and results will be treated confidentially. Your child's height and weight results will not be shared with your child, other children or school staff. These results will be entered onto your child's electronic health record. The NCMP database will place your child's height and weight into one of the following ranges – 'underweight', 'healthy weight', 'overweight' and 'very overweight'. If your child is outside of the 'healthy weight' range you will receive a letter by post with further information.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

For further information on what happens to your child's results and other useful information please refer to www.nhs.uk/Livewell/childhealth1-5/Pages/ChildMeasurement.aspx

Opting your child out of the programme

If you are happy for your child to be measured, you do not need to do anything. If you do not want your child to take part, or if you have any questions, please let the School Nursing team know in writing/by email within 7 days of receiving this letter using the contact details below.

Yours faithfully

On behalf of the School Nursing Service

Our contact details for children attending schools in the following localities:

Wokingham

The School Nursing Team
Wokingham Hospital
Barkham Road
Wokingham
Berkshire
RG41 2RE

Email: bks-tr.CSNWokingham@nhs.net

Reading

The School Nursing Team
Tilehurst Clinic
Corwen Road
Tilehurst
Reading
Berkshire
RG30 4SH

Email: bks-tr.CSNReading@nhs.net

West Berkshire

The School Nursing Team
West Berkshire Community Hospital
London Road
Benham Hill
Thatcham
Berkshire
RG18 3AS

Email: bks-tr.CSNWestBerks@nhs.net

Bracknell Forest

The School Nursing Team
Primary Professional Centre
Hanworth Road
Bracknell
Berkshire
RG12 7WX

Email: Bracknellforest.schoolnursing@nhs.net

Slough

The School Nursing Team
1st Floor Cedar House
Upton Hospital
Albert Street
Slough
Berkshire
SL1 2BJ

Email: Slough.schoolnursing@nhs.net

From the **1 July 2015 Berkshire Healthcare NHS Foundation Trust** is a **smoke free** organisation.

To help protect our staff and people who use our services from the harmful effects of tobacco smoke, please do not smoke anywhere on our sites, or during appointments when our staff are at your home. If you would like support to quit please speak to your healthcare professional or contact **Smoke Free Life Berkshire** on **0800 622 6360** or text **QUIT** to **66777**